Recommended enzyme methods in the Nordic countries

| | <u>1974-79</u> | <u>1991</u> | <u>1.1.2003??</u> |
|---------|----------------|---------------|-------------------|
| ALT | SCE | ECCLS, 37 C | IFCC, 37 C |
| AST | SCE | ECCLS, 37 C | IFCC, 37 C |
| СК | SCE | ECCLS, 37 C | IFCC, 37 C |
| GT | SCE | ECCLS, 37 C | IFCC, 37 C |
| ALP | SCE | | IFCC, 37 C |
| LD | SCE | | IFCC, 37 C |
| AMYLASE | Phadebas | Several, 37 C | IFCC, 37 C |

Common reference intervals: 1.1.2003?

Enzyme methods in use in the Nordic Countries, 2002

AST / ALT:



Note:

- In the US both versions are used (Olympus, Aeroset, Advia)
- P-5-P is generally supplied as separate tablets
- The tablet is easily forgotten!

Enzyme methods in use in the Nordic Countries, 2002

GT:

"A family of methods"

Two alternative substrates: GLUPA

Note:

 All methods may be calibrated to IFCC-level and thereby be traceable to and compatible to the IFCC reference method



Alkaline phosphatase, - ALP



Note:

• Only available IFCC ref. method at 30°!

Lactate Dehydrogenase, - LD



Amylase, - IFCC

5 Et-G7-pNP $\xrightarrow{\text{amylase}}$ 2 Et-G5 + 2 G2-pNP + 2 Et-G4 + 2 G3-pNP + Et-G3 + G4-pNP



Note:

- Different substrates are in use: other blocked pNP-G7 / pNP-G6 / G4 / blocked pNP-G3 / Starch giving different activity levels and different balance between isoenzymes (non compatibility)
- P-amylase is done by this substrate (Et-G7-pNP)

Enzyme methods, Vitros

| Enzyme | Method, traceability |
|------------|--|
| ALT AST | w / P-5-P Traceable/comparable to the IFCC ref.meth. w/P-5-P at 37° |
| СК | Traceable/comparable with SCE and the IFCC ref.meth. at 37 $^{\circ}$ |
| GT | GluNA Traceable/comparable to the IFCC ref.meth. at 37° |
| ALP | AMP Traceable/comparable to IFCC ref.meth.(30°) run at 37° |
| LD | Pyruvate to Lactate (NADH consumption) Traceable/comparable to the the method of Buhl |
| Amylase | Amylopectin Traceable/comparable to an Et-G7-pNP method at 37° |

Selection criteria for computation of reference intervals for the enzymes

Project Description

"The laboratories shall use their routine methods.

However only Vitros and "IFCC 37 °C" methods shall be used for enzymes......"

Reported method information

According to the Labquality method book 1999-2000: Reagent name Instrument name Method group Adjustment/conversion factors and intercepts

Selection criteria:

- The method used should be <u>traceable to</u> and <u>compatible with</u> the IFCC reference method at 37°: AST, ALT, CK, GT : Stated met.group: IFCC (ECCLS) Amylase: Roche/Boehringer EPS (conversion factor 1)
- Results should originate from <u>"complete analysis systems"</u> (same vendor of reagents, calibrator and instrument)
- ALP and LD: reanalysis with IFCC traceable/comparable reagents
- Reported values were recalculated to original values, traceable to the calibrator of the vendor. (All slopes and intercepts were recalculated to 1/0)
- Vitros values were calculated separately

% of the reported results included in the computation of reference values for enzymes

| | Total reported wet chem Vitros | | % included wet chem Vitros | |
|--------|-----------------------------------|-----|-------------------------------|----|
| ALT | 2078 | 674 | 83 | 95 |
| AST | 1885 | 565 | 90 | 94 |
| CK | 1737 | 528 | 85 | 94 |
| GT | 1962 | 594 | 44 | 90 |
| Amyl | 1345 | 675 | 54 | 90 |
| P-Amyl | 1831 | | 60 | |

ALT, - suggested reference ranges



AST, - suggested reference ranges



CK, - suggested reference ranges



GT, - suggested reference ranges





ALP, - suggested reference ranges



Amylase P-amylase - suggested reference ranges



ALT, - age distribution

Female



Male



AST, - age distribution



Female





CK, - age distribution



GT, - age distribution





Male

LD, - age distribution



ALP, - age distribution



Amyl, - age distribution



Implementation of the NORIP reference limits on enzymes

The method used must be <u>traceable to and compatible</u> with the IFCC reference method at 37°

How to get there?

- **A**. For complete analysis systems:
 - Documentation from the vendor: <u>traceability and compatibility</u> to the IFCC reference method at 37 °, or
 - Documentation by the lab(s):
 by *interlaboratory comparisons* with documented method
 - Or both!

The method used must be <u>traceable to and compatible</u> with the IFCC reference method at 37°

How to get there?

B. For analysis systems where IVD products (reagents, calibrators, instruments) from different vendors are used:

- Documentation by the lab(s):
 by *interlaboratory comparisons* with documented method.
- Implementation of adjustment factor and intercept if necessary

Follow up on "trueness":

- Regular EQA
- EQA, run as Nordic project?
- Interlaboratory comparisons